

Advance Decision to Refuse Treatment

Future Care Planning

What is an Advance Decision to Refuse Treatment?

An Advance Decision to Refuse Treatment is a legal document that enables you to record decisions about medical treatments that you do not want in the future.

It enables you to let your family, and the people who care for you, know your wishes about refusing treatment even if you become unable to make those decisions yourself.

It is used if you lose capacity to make decisions through a sudden accident, illness or a longer-term health condition.

What sort of decisions can be included in an Advance Decision to Refuse Treatment?

You can include decisions about things like artificial feeding, ventilation and resuscitation in an Advance Decision to Refuse Treatment.

How do I make an Advance Decision to Refuse Treatment?

There is no set form to make an Advance Decision to Refuse Treatment, but there are strict guidelines on what must be included.

Is an Advance Decision to Refuse Treatment legally binding?

Yes, a correctly worded Advance Decision to Refuse Treatment, written in line with the Mental Capacity Act is a legally binding document.

Key points

- You can refuse, but not request treatment through an Advance Decision to Refuse Treatment
- An Advance Decision to Refuse Treatment should be reviewed regularly
- An Advance Decision to refuse Treatment can be changed or cancelled while you have capacity.

Where can I find out more?



Watch our video:
youtu.be/VN-tPHVFxfE



You can find out more at:
[speakforme.co.uk/
advance-decision-to-
refuse-treatment](https://speakforme.co.uk/advance-decision-to-refuse-treatment)

