



Dementia Café

We warmly welcome anyone living with dementia or memory loss to join us in a relaxed and friendly space with light refreshments, conversation and gentle activities.

Our care specialists will also be on hand to answer questions and offer guidance.

Our café will run on the second Wednesday of every month.

Our first dates for 2026 are:

14th January, 11th February & 11th March 2026

2.30 – 4.30pm

Nightingale House, 105 Nightingale Lane, SW12 8NB

For more details, please call 020 8673 3495 or
email awakefield@nightingalehammerson.org

