Hammerson House Redevelopment
The Bishops Avenue, N2

A new 116-bed Care Home for the Jewish Community

A special place to come to live, cared for by specialists in person-centred care, in a world-class environment
Nightingale Hammerson is embarking on a multi-million pound redevelopment of Hammerson House. We expect to welcome residents to the new home in 2020.

The design of the new building complements the neighbouring Hampstead Garden Suburb; it embraces the site’s natural woodland setting and the proven therapeutic benefits of natural light and connections to the landscape.

The new Hammerson House will provide 116 ensuite bedrooms to meet a range of its residents’ different care needs, from residential care to advanced nursing and dementia care. It will be a stimulating and dignified environment where every person is treated as an individual and given kind, gentle and life-enhancing care.

Just like at Nightingale House currently, Hammerson House with its world-class facilities will attract leading universities to work in partnership with the charity. Our aim is to help shape new and improved models of care through research and innovation, not only for the benefit of older people at Nightingale Hammerson but also across the UK.

“Our residential care homes have been the choice of generations of Jewish families. Our priority is to continue the long tradition of providing an exemplary standard of compassionate care. As the needs of the older people in our Community evolve, it is essential that our Care Homes are designed in a forward-thinking, adaptable way.”

Melvin Lawson, Chairman
The building is organised around the principles of ‘Households’ – clusters of bedrooms with supporting facilities on a domestic scale. These households align to the natural axis of the site and are centred around communal spaces housed in ‘Pavilions’.

The design will:

- create a vibrant and welcoming environment for residents, visitors, volunteers and staff.
- give all resident bedrooms the best possible orientation.
- increase efficiency for staff and foster the ability to provide the best level of care.
- maximise physical and visual connections between the inside of the building and the landscape around it, both for orientation of residents and visitors.
**Household**

Bedrooms are located within six distinct ‘Households’ each with associated dining rooms and activity kitchens.

Resident lounges open on to sheltered winter gardens and quiet lounges for Namaste care – a therapy specifically designed to improve the quality of life for residents living with advanced dementia.

Households widen towards the north to allow for natural light into communal space. To the south, they widen further to accommodate a Namaste pavilion with views towards the trees and windows for natural light.

Households are accessed via the central Pavilion.
Typical Floor
Entrance Level

Entering through the Pavilion, the ground floor becomes a ‘street’ of activity for both residents and visitors. It includes resident facilities such as the hairdressing salon, the shop, reception and the café where residents can enjoy relaxing views of the gardens together with their visitors.

To the south, the entrance opens up to provide a therapy suite, including facilities for physiotherapy, a GP and a multi-use treatment area together with a large communal hall. The hall will be used for larger communal events, shows and religious festivals. It will also act as a Synagogue for religious services.

Connecting the communal hall and the café is the conservatory/sukkah and communal lounge. This will provide residents with a year-round connection to the landscape.
Landscape and Screening

The design of the Households provides all spaces with excellent levels of daylight and views of mature trees and gardens.

Every bedroom will look out to communal gardens. The lounge space of each Household will have a winter terrace adjacent where residents can sit, protected from the elements. A woodland garden is being created to the rear of the property and a conservatory will open onto a courtyard garden.

To offer more privacy at the rear of the property, a natural and planted edge will be created to provide additional screening between the gardens.

It will feature mixed evergreen and deciduous woodland and hedgerow species such as hazel, laurel, holly, hornbeam and field maple.

The overall approach to the area is to provide a layering of vegetation that offers planting at different heights and seasonal interest such as bulbs and camellias and a striking display of colour in autumn.

The planting is carefully planned to accommodate the schedule of building works and the appropriate seasons.
Key Facts About Nightingale House

Our existing Care Home, Nightingale House, cares for approximately 200 residents and is also home to many of the Hammerson House residents who have relocated while the redevelopment is undertaken.

Here are some of the key facts about the individuals, the place and our wonderful team there, that we are rightly very proud of:

- Average length of stay at Nightingale House is now three years
- Average age of admission is 90 (2000: 83)
- 10% of residents are over the age of 100; our oldest resident is 105
- 80% of Nightingale residents have some form of dementia and almost half require nursing care
- Over 500 staff and volunteers. Longest serving member of staff has worked for us for nearly 40 years
- Nightingale House has been ranked in the top 3% of Care Homes in the country by the Care Quality Commission (CQC)
- Nightingale House was awarded Beacon Status by the Gold Standards Framework
- We have the largest occupational therapy team in the UK
- We offer placement opportunities to students from King’s College London, City University, Kingston University and Anglia Ruskin University.
Person-centred Care

Our approach is holistic and we are passionate about providing person-centred care - this means we focus care on the needs of each individual resident.

All residents benefit from a wellbeing assessment within one week of arriving to ensure that staff understand each individual’s requirements.

We strive to encourage independence and choice for every resident, ensuring that they become fully integrated in Nightingale Hammerson life, on their own terms and according to their own needs.

We also understand how essential it is to offer emotional and practical support to the families of our residents.

End of Life Care

Nightingale House has been awarded Beacon Status from the Gold Standards Framework (GSF). The framework aims to optimise the care for residents nearing the end of life.

A lead GSF nurse is responsible for training new staff along with the support of End of Life Dementia specialist nurses from Trinity Hospice; auditing care plans and visiting residents nearing their end of life; providing support to each unit to help them understand their roles and to conduct significant death analysis sessions.

“It was genuinely inspiring to see such a model of excellence and compassionate care. Many thanks for all that you do to serve and care for your residents.”

Parliamentary Under Secretary of State at the Department of Health
Dementia

As residents are living longer and coming into residential care much later in life, we are caring for many more residents with advanced dementia.

We train staff to be able to care for residents with complex care needs and work with local partners such as the Springfield Hospital which runs workshops around diagnosis and intervention strategies.

An example of our approach is the Wohl Wing, a specialist residential nursing and dementia unit, opened in 2011 at Nightingale House. Each floor includes a reminiscence kitchen and extensive common areas for relaxation and activities. Colours and design features have been chosen to encourage independence and reduce anxiety.
Intergenerational Activities

Nightingale House is home to a new nursery, Apples and Honey Nightingale, the first of its kind in the UK.

Although entirely separate to the care home, children at the nursery learn and play a stone’s throw away from the residents of Nightingale House.

This is a great way to increase intergenerational activities for our residents, most of whom enjoy conversations with children and love watching them play.
Technology

Looking to the future, we will be implementing the technology needed to improve our efficiency and effectiveness.

An advisory board of technology experts is guiding that element of the Hammerson House redevelopment.

Across Nightingale Hammerson we will reduce form filling, improve medication management and implement innovative ways to safeguard residents.

Teaching Care Home

Due to the size of our Homes we are in a unique position to create a leading Teaching Care Home programme.

With residents’ needs becoming more complex our model of care must change to reflect those. This means planning for a skilled workforce that is empowered to cope with these new challenges, at a sustainable cost.

With the UK care industry in crisis due to a shortage of qualified/skilled nurses and health care workers, we believe that by becoming a Teaching Care Home we will create an education model that will provide staff with a unique opportunity to develop a career.

Well-trained, caring people, in a highly stimulating place to work with a strong, supportive culture will attract the right candidates. Through a continual programme of investment in training/placement/work experience and general employment, we will benefit ourselves as well as other organisations.

“...warm, engaging and reassuring... an outstanding understanding of people’s life histories and current circumstances.”

The CQC on Nightingale Hammerson staff
A great legacy for the future

The support and commitment of the Hammerson family is greatly appreciated. Together we strive to perpetuate the legacy of the late Sue Hammerson CBE. Her 50+ years of dedication to the Home remains a shining example to future generations. It is a requirement that the site will be used for a care home for the Jewish Community.

Nightingale Hammerson has one focus: quality residential care. We are focussed, collaborative and ever-evolving to meet the needs of our Community. The new Home is designed to enable the organisation to live its values.

“Thank you and your colleagues for all that you do. I know that my mother is both safe and comfortable, well looked after and that is worth everything.”

Relative
Just a note to thank you and team for a wonderful tour of Nightingale House today. I can truly say it was the best dementia residential home I have been to. There was a buzz, energy and spirit that was quite remarkable and you and your staff should feel rightly proud of your magnificent work and please thank Betty for the delicious cheesecake!

Secretary of State for Health
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For further information regarding the Hammerson House Redevelopment please contact fundraising@nightingalehammerson.org or call 020 8772 2333.