

reach
BY NIGHTINGALE HAMMERSON

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hammerson

6TH NOVEMBER

Care Home

RESEARCH FORUM 2025

HAMMERSON HOUSE, WOHL CAMPUS

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CareHomeLife
Hearkening our loved ones with dignity

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SCHEDULE FOR THE DAY - MORNING

FROM 8:30AM

Registration opens and refreshments served

9:15AM

Welcome

Clemence Muchingaguyo, Registered Manager,
Nightingale House

Jenny Pattinson, Chief Executive,
Nightingale Hammerson

9:35AM

**Adult social care and research:
a policy perspective**

Michelle Dyson CB, Chief Executive Officer,
Alzheimer's Society. Former Director General
of Adult Social Care, Department of Health
and Social Care

Followed by Q&A

10:05AM

**Paying for social care: different approaches
and public preferences**

Raphael Wittenberg, Associate Professorial
Research Fellow, London School of Economics
and Political Science

Followed by Q&A

Sponsored by Care Market Research

10:40AM

Morning Break

NOTES:

Live better for longer at home



SCAN THE QR CODE
ABOVE FOR MORE INFO

**Reach is a digital platform
offering individuals and those who care for
them free practical advice to age well. Our expert
guidance focuses on improving health and social connections**

For guidance and support whenever you need it



nightingalehammerson.org/reach/practical-advice

Home is where the heart is

NEW RESIDENTS
WELCOME

A warm Jewish home, providing outstanding residential, nursing, dementia, respite, rehabilitation and palliative care

Residents benefit from specialist care, without the need to travel.

In-house services include:

- ✓ GP, Pharmacy Technician, Audiology, Dietitian, Speech & Language Therapy
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For more information, please scan the QR code or contact us at
ResidentsServices@nightingalehammerson.org or 020 8673 3495

NIGHTINGALE HOUSE
LONDON SW12 8NB | 020 8673 3495

HAMMERSON HOUSE, WOHL CAMPUS
LONDON N2 0BE | 020 3838 8090




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hammerson**

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SCHEDULE FOR THE DAY - MORNING

10:55AM

Building research capacity and capability in social care nursing

Dr Zena Aldridge, Associate Director for Social
Care, NIHR Nursing and Midwifery Office

11:20AM

Taking part in research

Abbie Sule, Household Manager and Registered Nurse, Hammerson House, Wohl Campus

Research in our home – video

11:30 AM

Research from inside the care home

Professor Gill Livingston, Professor
of Psychiatry of Older People,
University College London

11:35AM

Improving the handover of care from hospital to care homes

Dr Calisha Allen, NIHR Doctoral Fellow,
University College London

Understanding dementia wellbeing in mixed care homes

Arielle Rostant, Education, Research and Community Engagement Lead, Reach by Nightingale Hammerson. MSc Student, Faculty of Brain Sciences, University College London

“Like family”: care home workers’ experiences of death, grief and relational care

Keziah Florin-Sefton, Engagement Lead,
Nightingale Hammerson. NIHR Pre-Doctoral
Fellow, London School of Economics and
Political Science

Followed by Q&A

NOTES:

SCHEDULE FOR THE DAY - AFTERNOON

12:20 PM

Buffet lunch

Exhibiting Showcases:

- Care Home Life
- NIHR
- Accora
- Linet
- Care England
- Reach by Nightingale Hammerson
- Posters by Nightingale Hammerson's researchers

1:20 PM

Welcome to the afternoon session

Dr Jackie Morris, Retired Geriatrician
and member of the Scientific Committee

1:25 PM

The VIVALDI social care project

Professor Laura Shallcross, Professor
of Public Health, University College London

Followed by Q&A

NOTES:

2:05PM

**Digital technologies in care homes:
challenges and opportunities**

Professor Kate Hamblin, Director of the
Centre for Care

Followed by Q&A

Sponsored by Linet

2:40PM

Afternoon break

2:55PM

**Making the invisible, visible: improving the
human rights of people living in social care**

Professor Geraldine Van Bueren, Emerita
Professor, Queen Mary University of London

Followed by Q&A

3:35PM

Summary of the day

Nuno Santos Lopes, Director of Research
and Innovation, Nightingale Hammerson

4:00PM

Forum ends

NOTES:

OUR SPEAKERS



DR ZENA ALDRIDGE RMHN

Associate Director for Social Care
NIHR Nursing and Midwifery Office

Building research capacity and capability in social care nursing

Zena Aldridge is NIHR Nursing and Midwifery Office Associate Director for Social Care and a recipient of a NIHR Senior Clinical Practitioner Research Award. As a clinical academic her career in health and social care has spanned four decades, beginning in domiciliary care and as a nursing auxiliary in both acute and community settings. She qualified as a mental health nurse in 2003 and completed her master's degree in 2013. More recently, she undertook a PhD with a thesis titled "Relationships, morality and emotion: Their impact and influence on nursing home staff decision-making when a resident with advanced dementia deteriorates."

Her specialist interests include the care of older people, dementia care, palliative and end of life care, social care workforce as well as service integration and quality improvement. Given her various areas of interest, skills and experience Zena retains a portfolio of clinical, research and leadership activities at regional and national level.



MICHELLE DYSON CB

Chief Executive Officer, Alzheimer's Society. Former Director
General of Adult Social Care, Department of Health and Social Care

Adult social care and research: a policy perspective

Michelle Dyson is the new Chief Executive Officer of Alzheimer's Society, prior to which she served as Director General for Adult Social Care at the Department of Health and Social Care.

Over the course of her career, Michelle has held senior roles across the Civil Service, including at the Ministry of Justice, the Department for Work and Pensions and the Department for Education. Her work has consistently focused on social policy and delivery, with a particular emphasis on improving outcomes for disadvantaged groups.

In recognition of her significant contribution to health and social care, she was awarded a CB (Companion of the Order of the Bath) in the 2025 New Year Honours.



PROFESSOR KATE HAMBLIN

Director of the Centre for Care

Digital technologies in care homes: challenges and opportunities

Kate Hamblin is Professor of Social Policy and Director of the Centre for Care. She joined the University of Sheffield in 2018 to work on the Sustainable Care programme. She also currently leads the Centre for Care's Digital Care Research theme and is the UK Networks and geographical lead for the North and East-Midlands in the IMProving Adult Care Together (IMPACT) evidence implementation Centre. She is also the Policy and Practice Liaison lead for the NIHR School for Social Care Research at the University of Sheffield. Her research has focused on technology and its role in the care of older people with complex needs.



PROFESSOR LAURA SHALLCROSS

Professor of Public Health, University College London

The VIVALDI social care project

Laura Shallcross is Professor of Public Health and Director of the UCL Institute of Health Informatics. She led the national VIVALDI (COVID-19 in care homes) study which informed the public health response to COVID-19 in care homes, and was a member of the Scientific Advisory Group for Emergencies (SAGE) Social Care working group.



RAPHAEL WITTENBERG

Associate Professorial Research Fellow,
London School of Economics and Political Science

Paying for social care: different approaches and public preferences

Raphael is an Associate Professorial Research Fellow and Deputy Director of the Care Policy and Evaluation Centre (CPEC) at the London School of Economics and Political Science (LSE). Until 2024 he was also Deputy Director of the Centre for Health Service Economics and Organisation (CHSEO) at the University of Oxford. At CPEC, he leads a programme of research on financing long-term care, which aims to make projections of future demand for long-term care and associated expenditure. He also leads research on provision of unpaid care and attitudes to caring and modelling work for studies of dementia care.

OUR SPEAKERS



PROFESSOR GERALDINE VAN BUEREN
Emerita Professor, Queen Mary University of London

Making the invisible, visible: improving the human rights of people living in social care

Geraldine Van Bueren is Emerita Professor at Queen Mary University of London, an Hon. Senior Fellow at BIICL, and a Visiting Fellow at Kellogg College, Oxford. A barrister at Doughty Street Chambers, she was appointed honorary Queen's Counsel for her contributions to national and international law—one of fewer than ten women honorary silks at the time. She also held a human rights chair at the University of Cape Town and is a Bencher of the Middle Temple.

A drafter of the UN Convention on the Rights of the Child, she also helped shape UN rules on juvenile justice, refugee children, and children in criminal justice. She has represented the UN in Iran, advised Japan and UNICEF, and worked internationally across Europe, the Americas, Africa and Asia. She received the Child Rights Lawyer Award and has served as a Commissioner on the Equality and Human Rights Commission.

Her work has been profiled by The Guardian and she co-authored *Know Your Rights* with Angelina Jolie. She chairs the Alliance of Working Class Academics and has led projects for UNESCO on law and poverty, and with Age UK on a global treaty for older persons' rights.



DR CALISHA ALLEN
NIHR Doctoral Fellow, University College London

Improving the handover of care from hospital to care homes.

Dr Calisha Allen, MBChB MPH DPH is a public health doctor and NIHR Doctoral Fellow at University College London. Her research interests focus on health literacy and numeracy and her focus is on improving the patient experience through taking health literate approaches to enhancing communication. Her previous research through the EPIC study has explored healthcare professionals' perception of their patients' health literacy and numeracy and she now works with a North London Trust to utilise those findings and support the trust take a health literate approach to care. Her current doctoral research looks into improving the handover of care from hospital to care homes by enhancing current discharge summaries to meet the needs of adult social care.



KEZIAH FLORIN-SEFTON

Engagement Lead, Nightingale Hammerson. NIHR Pre-Doctoral Fellow, London School of Economics and Political Science

“Like family”: care home workers’ experiences of death, grief and relational care

Keziah Florin-Sefton worked as an Engagement Lead at Hammerson House from 2022 to 2024 after completing a BSc in Social Anthropology and Politics at the University of Cambridge. In 2022, she was awarded the NIHR Pre-Doctoral Fellowship with Nightingale Hammerson as the Host Organization. As part of this fellowship, she has completed an MSc in Social Research Methods at the London School of Economics with a focus on care home research. Her current research focuses on relationship-centred care and care home staff’s experiences of grief.



ARIELLE ROSTANT

Education, Research and Community Engagement Lead, Reach by Nightingale Hammerson. MSc Student, Faculty of Brain Sciences, University College London

Understanding dementia wellbeing in mixed care homes.

Arielle Rostant’s love for supporting positive and fulfilling relationships has led her from being a teacher, to training as a Drama and Movement Therapist to, since 2021, working in Nightingale Hammerson. Currently completing a MSc at UCL in Clinical Mental Health, with a speciality in Dementia, her research focuses on the relationships between residents with varying care needs and the resulting impact on psychosocial wellbeing. Arielle hopes that her work can support older people to continue living engaged and fulfilling lives no matter their care needs.



ABBIE SULE

Household Manager and Registered Nurse, Hammerson House, Wohl Campus

Taking part in research

Abbie Sule joined Nightingale Hammerson in March 2019 as an Assistant Practitioner. Later that year she completed her BSc in Adult Nursing, becoming a Registered Nurse. In 2021, she progressed to Senior Lead Nurse, working on the commissioning of Hammerson House, Wohl Campus, and later advanced to Household Manager in 2023. She completed a Leadership and Management course in 2024 and is currently undertaking an Infection Prevention and Control programme, due for completion in December 2025. Abbie is passionate about evidence-based practice and is keen to contribute to nursing research and the continued improvement of care quality.

TEAM CONTRIBUTORS



PROFESSOR GILL LIVINGSTON

Professor of Psychiatry
of Older People,
UCL and Trustee



DR JACKIE MORRIS

Retired Geriatrician and
member of the Scientific
Committee



JENNY PATTINSON

Chief Executive



NUNO SANTOS LOPES

Director of Research
and Innovation



CLEMENCE MUCHINGAGUYO

Registered Manager,
Nightingale House



ARIELLE ROSTANT

Education, Research and
Community Engagement
Lead



FILIPA MAIA

Education, Research and
Community Engagement
Officer



GRACE SONING

Community Engagement Executive



CARLOS SILVA

Marketing Manager

IT'S AN HONOUR TO BE A HEADLINE SPONSOR
FOR THIS YEAR'S CARE HOME RESEARCH FORUM



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Thursday 5 March 2026



9am-5pm



St Thomas' Hospital, Governors Hall, Westminster Bridge Road,
London, SE1 7EH

